



**6TH AFC MEDICAL
CONFERENCE**
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*“Football & Sports Medicine -
the Challenging Horizon”*



Dr. Paul Dijkstra is the Director of Medical Education at Aspeta Hospital where he also works as a Specialist Sport and Exercise Medicine Physician. He has an extensive experience in elite sport as the UK Athletics Chief Medical Officer to the Beijing and London Olympic Games and Head Quarters Doctor for Team England at the 2014 Glasgow Commonwealth Games. He was the Local Organizing Committee Chief Medical Officer to the 12th FINA World Swimming Championships (25m) in Doha, 2014.

He chaired the sub-committee on physical activity guidelines for medical conditions as a member of the Technical Advisory Group to the Qatar National Committee on Nutrition and Physical Activity that developed the physical activity guidelines for the State of Qatar in 2014.

He is currently pursuing further studies in Evidence-Based Health Care as a part-time DPhil-student at the University of Oxford.

