



Professor Jan Ekstrand (Sweden)

Prof. Ekstrand is a medical doctor and a specialist in Orthopaedic Surgery. He is a Professor of Sports Medicine at the University of Linköping, Sweden since 2001. His graduation thesis related to football injuries and their prevention and was completed in 1982.

He has also been responsible as team physician of the Swedish National Football Team for 120 matches and has been a member the Medical Committee of UEFA between 1992 and 2015.



Professor Ekstrand has been a member of the Scientific Advisory Board at Aspetar for 8 years.

He is the founder and leader of Football Research Group (FRG), an international research group carrying out research on Football Medicine and prevention of injuries.

Since 2001, he and his research group have worked on behalf of UEFA and carried out injury audits in Elite Professional Football with the objective of increasing safety in football through prospective research of more than a hundred professional football clubs from 20 different European countries.